

Welcome to Highbury Nursing Home



Highbury Nursing Home

Thank you for visiting our home or requesting a copy of our information pack.

We hope the information enclosed is of interest to you and answers most of your questions. However, if you require any further information or would like to discuss your individual requirements in more detail, please contact us to arrange a convenient time to meet with our Home Manager.

We understand that choosing a Nursing Home can be an emotional and stressful time for many people, please do not hesitate to contact us if we can help in any way as we are always happy to assist.

About us

Established in 1994, Flintvale LTD is a company that provides quality residential nursing care, allowing residents to maintain a high quality of life whilst being supported in a positive comfortable environment. Our aim is to employ staff who are trained and professional whilst carrying out their duties, as well as kind and compassionate in all they do.

Situated between Moseley Village and Kings Heath, Highbury is near excellent shops, pubs, restaurants and parks. Local buses run from outside the home to Birmingham city centre and other local areas.

We have 38 nursing beds and have a mixed client group, some of our clients have dementia but all of our clients require nursing care.

We have nurses on duty 24 hours a day and each client has an individual care plan which is written with contributions from the resident themselves, the people who know and care about them, and the staff who look after them.

The accommodation is divided over three floors, we have 15 single rooms, 15 ensuite rooms and 4 shared rooms. We are pleased to accept clients funded privately, by social services or continuing health care. Fees are dependent on room type, location and individual requirements.

Residents may choose to remain in their room or join in the activities and the life of the home in our communal areas, or in our garden. We have some raised flower beds for residents to work on if they wish to do some gardening.

We provide home cooked meals and the residents have the final say about what the menu is and will often change things in the residents meetings.

Meals may be taken in our dining room or in the residents room, drinks and snacks are always available.

About us... Continued

We retain a local GP who makes weekly visits; we also have visiting Opticians and Chiropodists. Our Hairdressers will be happy to discuss the style you would like, and any other requirements you may have.

Visitors are welcome anytime and we hold regular meetings with the residents to obtain their views and will act to change things if we can.

Highbury Nursing Home is registered with the Care Quality Commission and a copy of the latest report is on our website.

The Home Manager Mrs. Wendy Noons RGN is always happy to meet with residents and families to discuss any questions you may have.

Philosophy of Care

The prime function of Highbury Nursing Home is to assist residents in maintaining the maximum degree of independence in a homely, caring and safe environment.

1. It is Highbury's policy to provide the highest quality of care in a homely environment.
2. Inherent in Highbury's is the employment of highly motivated and enthusiastic personnel, to deliver planned individualisation care according to need. The care is activated with input from the resident and his or her relatives/carers, the standards of which are aimed at the highest possible level.
3. Care is facilitated according to and based on knowledge and research, moving away from the traditional and ritualistic approaches.
4. Care of holistic nature also requires dedication and commitment of all staff working in a cohesive manner.
5. Having identified the components within the environment, the staff and the approaches to care, it is essential that these three elements are interlinked to provide the best quality of care in a friendly and homely situation.

Charter of Resident's Rights

As a resident you have the right:

- To retain your personal dignity and independence irrespective of your physical or mental infirmity.
- To receive skilled and sensitive care to enable you to achieve an enhanced quality of life.
- To have your wishes respected concerning emotional, social, religious, cultural, political and sexual needs.
- To have your personal privacy respected.
- To be consulted and to receive information about daily living arrangements in the home.
- To be involved in all stages of the assessment of your needs and to contribute to your own personal care plan.
- To receive visitors at any time.
- To select your own GP, Dentist or other professional advisor and to consult with them in private.
- To receive information about your medication, to be involved in decisions about your medical treatment and to have access to your medical and care records.
- To have a nominated named nurse.
- To manage your own personal and financial affairs, or choose someone to manage them on your behalf.
- To have full access to facilities and services in the community as an independent citizen.
- To not be moved against your will, unless it is essential for your personal safety and to set your own acceptable level of risk.
- To be aware of what complaints procedures are available to you and to be represented.

THE ONLY RESTRICTIONS ARE THE LEGAL ONES DEEMED NECESSARY IN PROVIDING THE LEVEL OF CARE REQUIRED, AND IN ORDER TO PROTECT THE HEALTH AND SAFETY OF RESIDENTS AND STAFF.

Sample Menus

We will complete a menu preference sheet with you on admission at Highbury Nursing Home. Meals are served:

Breakfast: 07:45-10.00

Tea: 17:00-19:00

Lunch: 13:00-14:00

Supper: 20.00-22:00

- Breakfast is a choice of cereals, toast and full cooked breakfast.
- Our main hot meal is served at lunchtime. Staff are able to prepare snacks at any time during the day.
- We work to a 6 week menu rota, typical examples of which can be viewed below.
- We can meet any special requests and are happy to cater to individual requirements. Relatives are welcome to join residents for a meal at any time – please give notice to the chef where possible.
- Our kitchen has a current Food Hygiene Certificate issued by Birmingham City Council, being rated at 4H.

<p>BREAKFAST</p> <p>Individually prepared for residents</p> <p>***</p>	<p>BREAKFAST</p> <p>Individually prepared for residents</p> <p>***</p>
<p>LUNCH</p> <p>Roast Beef and Yorkshire Puddings</p> <p>Served with Boiled Potatoes, Roast Parsnips, Brussel Sprouts and Carrots</p> <p>***</p>	<p>LUNCH</p> <p>Pasta in Bolognese Sauce</p> <p>Served with Mixed Salad</p> <p>***</p>
<p>Rhubarb Crumble & Custard</p> <p>***</p>	<p>Fresh Fruit Salad & Cream</p> <p>***</p>
<p>TEA</p> <p>***</p>	<p>TEA</p> <p>***</p>
<p>Selection of Cold Meats</p> <p>Served with Mixed Salad & Pickles</p> <p>***</p>	<p>Traditional Pork Faggots</p> <p>Served with Mushy Peas & Potato Wedges</p> <p>***</p>
<p>Peaches & Cream</p> <p>(Hot alternatives available on request)</p>	<p>Crème Caramel</p> <p>(Hot alternatives available on request)</p>

Activities

Programmes of activities are provided to encourage mental alertness, social interaction with other residents and to maintain self-esteem. We want our residents to have every opportunity to keep up with their hobbies and interests, and also hopefully develop a few new ones along the way. Highbury Nursing Home has a varied imaginative agenda of activities.

Our activities program is tailored to our residents' preferences and includes:

- Painting
- Crafts
- Bingo
- Quizzes
- Manicures
- Hand Massage
- Play your cards right
- Reminiscence
- Singing
- Exercising
- Skittles
- Gardening
- Colouring
- Knitting
- Sewing
- Bean Bags
- Music

Sample Activities Schedule

Highbury Nursing Home

Weekly Activities

Monday	Am – Hang Man Pm – Music
Tuesday	Am – Bingo Pm – Light Exercise
Wednesday	Am – Play your cards right Pm – Music
Thursday	Am – Hairdressers Pm – Nail/Hands
Friday	Am – Connect 4 Am – Film & Refreshments
Saturday	Am Board Games
Sunday	Am Darts Match

All activities in the garden depend on the weather

Chargeable Extras

Any additional charges are invoiced to the office at Highbury Nursing Home where the administrator keeps a record of residents personal allowance.

HAIRDRESSING

Prices are set by our Hairdressers and are displayed on the notice board in the foyer.

PRIVATE CHIROPODY

Routine treatment is offered every 8 – 10 weeks at approx. £10.00 per visit. If further treatment is required the cost will be advised to you in advance.

OPTICIAN/DENTIST WORK

Quotes will be provided by visiting practitioners and your authorisation obtained before supply.

TRANSPORT

Disabled taxi and specialist transport can be arranged with local companies. If families are unavailable to attend hospital appointments, we can arrange for a member of staff to escort at an hourly rate of £8.81 per hour.

Scale of Charges

NURSING CARE

Single (Ensuite Room)	£850.00 - £950.00 per week Depending on the room
Single (Standard Room)	£775.00 - £850.00 per week Depending on the room
Shared Room	£700.00 / £775.00 per week

** The above charges are the maximum rates per room. We are always happy to discuss with prospective clients their individual financial circumstances.

** Fees are subject to an annual review during April

ADDITIONAL CHARGES

Chiropody
Hairdressing
Transport
Medical Escorts to Hospital
Trips Out

Advocacy Service

We are always pleased to try and assist residents and their families with any questions they may have, however we understand there are occasions when expert advice may be required and times when it is more appropriate residents and their families seek independent help and guidance.

CareAware is an organisation that provides free of charge advice and guidance on all matters relating to care of the elderly, including financial information and below are details on how they can be contacted.

We are pleased to advise that we are member of their Advocacy service which enables all of our residents to access the service.

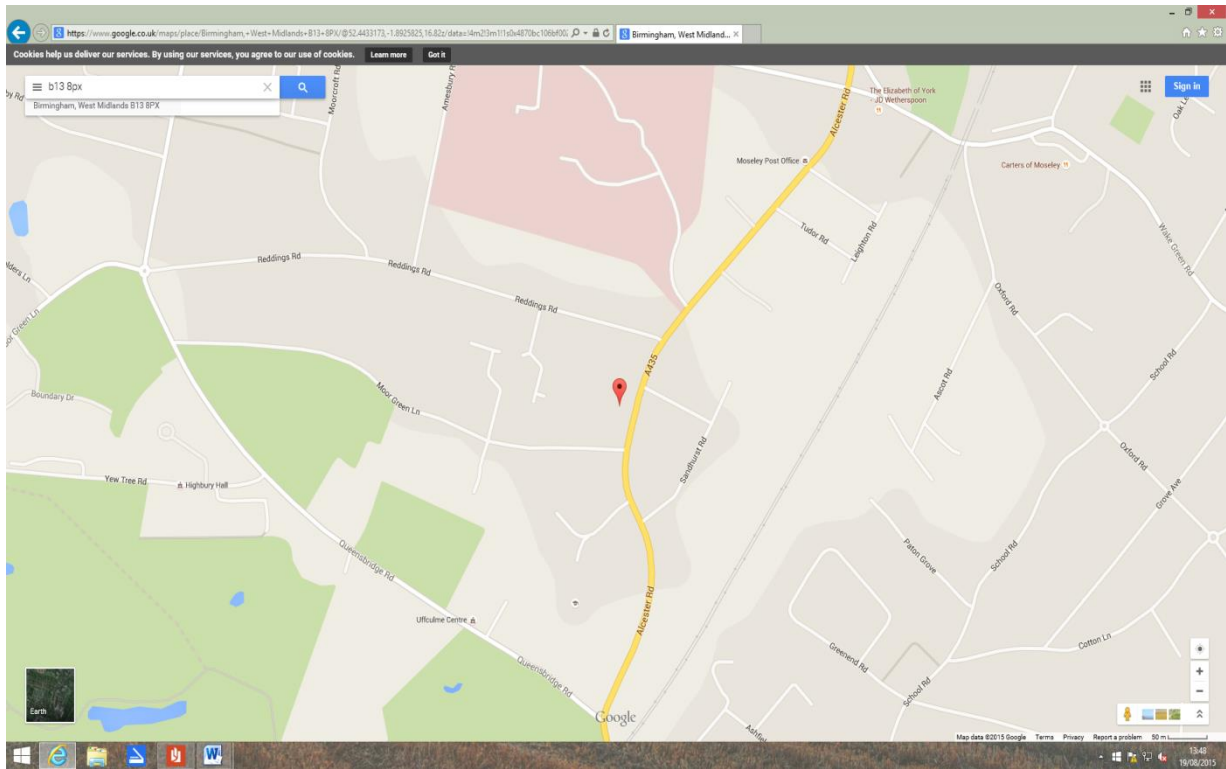
CareAware

Telephone: 0161 707 1107

Emails: enquiries@careaware.co.uk

Fax: 0161 787 8560

Post: PO BOX 8, Manchester, M30 9NY



Contact Us

Mrs Wendy D Noons – Home Manager

Highbury Nursing Home

199/203 Alcester Road

Moseley

Birmingham

B13 8PX

Telephone: 0121 442 4885

Fax: 0121 449 7855

Email: highburynursinghome@yahoo.co.uk

Web: www.flintvale.com